

CPRRP - Maintenance of Certification

Name: _____ Certification #: _____ Year of Re-certification: 20____

- * Use of this form for re-certification is required. Although this form is only submitted to the Certification Committee by the end of the certification cycle, documenting the activities as soon as you completed the learning will help you complete the form easier and more accurately.
- * All re-certification applications will be reviewed by the Certification Committee. Based on the details you provided about the learning opportunity and your reflection write-up, reviewers will decide whether your claimed learning opportunities qualify for MoC credits.
- * Even though you are not required to submit evidence of participation in the claimed learning opportunities when you submit this form, the Certification Committee will conduct random audits. Upon request by the Certification Committee, you are required to produce evidence of your claimed participation. Not able to produce such will result in failure in re-certification. You are, therefore, required to keep all relevant evidence for at least 2 years after your submission of the re-certification application.
- * If you are counting conference participation as your learning opportunity, please list each individual presentation you attended, one in each box, with reflection for each session you attended.
- * Short reflection relating to how the activity enhances your [PSR practice competencies](#) is required for each box of entry. Please state clearly in your reflection the impacts on you as a CPRRP.

Date	Learning Opportunities, your role, and hours involved	Organizer/Provider/Institution	Competency Reference Number	MoC Cat I credit hour(s)	MoC Cat II credit hour(s)
Relevancy to PSR Practice Competencies					
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EXAMPLE

Name: Mary Brown Certification #: CA 12345 Year of Re-certification: 2021

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- * Short reflection relating to how the activity enhances your [PSR practice competencies](#) is required for each box of entry. Please state clearly in your reflection the impacts on you as a CPRRP.

Date	Learning Opportunities, your role, and hours involved	Organizer/Provider/Institution	Competency Reference Number	MoC Cat I credit hr	MoC Cat II credit hr
May 16, 2018	WRAP training - Turning Negative Thoughts into Positive Ones with Katie Wilson (participant in a webinar), 1 hr	Copeland Center	C.1, C. 5.1 and C. 5.4.		1
Relevancy to PSR Practice Competencies	This 1 hour training introduced me to basic strategies for coming up with positive thoughts. It is closely related to competency C.1, C. 5.1 and C. 5.4. I found it useful when working with people with negative thoughts				
June 11th,	Peer Support-Integrating This Essential	BC Psychiatric Rehabilitation Advanced	C.4.B.	15	

2018	Recovery Service into our Systems (participant in a webinar), 1.5 hr	Practice, co-offered by PSR Canada			
Relevancy to PSR Practice Competencies	This 1.5 webinar helped me to affirm the therapeutic values of peer support service. It links to competency C.4.8. I shared this webinar in our team meeting, and suggested the management to create more peer support positions for our team				
June 22, 2019	Fostering Hope for Mother with Postpartum Depression (paper presentation in a conference as presenter) (0.5 hr)	2019 Canadian Association of Occupational Therapists conference	C.6.7		1.5
Relevancy to PSR Practice Competencies	Postpartum depression impacts many mothers with new born baby. I have to do extensive research on recent literature about hope and recovery when preparing for this presentation. Presenting this paper helps me to gain much deeper understanding on how to instill hope to people with mental illness. It relates to competency C.6.7				
June 22, 2019	Supporting university students in handling academic stress (paper presentation in a conference as participant)(0.5 hr)	2019 Canadian Association of Occupational Therapists conference	C.2.2.		1.5
Relevancy to PSR Practice Competencies	This presentation highlighted the fact that early intervention is an effective way to support people facing mental health challenges, including young people, such as university students. This address competency C.2.2. My work focus mainly on youth with high risk, and I learned new screening method to enable early identification of risks				
July 1, 2019-June 30, 2020	Served as board member of the PSR Canada Yukon chapter (1hr per meeting for 10 meetings)	PSR Canada Yukon Chapter	D3.1 and D3.2	10	
Relevancy to PSR Practice Competencies	Serving as a PSR chapter board member provided me with unique opportunity to advocate for the advancement of PSR in the Yukon region, and gave me the opportunity to better understand the importance of equity and social participation for people living with mental illness. This relates to competency D, in particular D3.1 and D3.2				
June 15	Published a peer-reviewed article titled: though I am colored, I have a meaningful life: a phenomenological study of people of color with mental illness (4895 words article, and I was the first author)	American Journal of Psychiatry	A.1, A.2, A.3 and A.4		14

Relevancy to PSR Practice Competencies	As the primary investigator and the first author, through this extensive research, I learned about the importance of cultural awareness, and what diversity and inclusivity mean from the perspective of people of color with lived experience. I learned that there are still lots to do to ensure equity and inclusivity, and this is changing my practice in teaching my psychiatry residents				
Relevancy to PSR Practice Competencies					